

Rezūm™ Water Vapor Therapy

Benign Prostatic Hyperplasia (BPH) Treatment Discussion Guide

If you are ready to take the next step in treating your BPH, it is important to speak to your doctor about your treatment options. Here are some suggested questions to get the conversation started so you can make the best treatment choice:

- What causes BPH or an enlarged prostate? Why am I having these symptoms?
- What are my treatment options?
- What happens if I don't do anything to treat my BPH? Will it continue to get worse?
- Am I candidate for Rezūm Water Vapor Therapy?
- How does Rezūm Therapy work?
- How does it compare to other treatment options?
- How soon can I expect to see improvement with my symptoms?
- Will I feel anything during the Rezūm Therapy treatment?
- How long does the treatment typically take?
- Do I need to do anything to prepare for the Rezūm treatment?
- How will I feel right after the treatment? How about the weeks following treatment?
- How soon can I return to regular activities? Do I need to take off work?
- How long will my results last?
- What are the possible risks associated with Rezūm Therapy?
- Is Rezūm covered by insurance?
- How much will I have to pay out-of-pocket, and how does this compare to other treatment options?

Other Questions

Notes

Caution: U.S. Federal law restricts this device to sale by or on the order of a physician.

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Content on this page is for Informational Purposes only and does not constitute medical advice and should not be used for medical diagnoses. Boston Scientific strongly recommends that you consult with your physician on all matters pertaining to your health or to address any clinical/medical questions.

All treatments have inherent and associated risks. The Rezūm System is intended to relieve symptoms, obstructions, and reduce prostate tissue associated with BPH. It is indicated for men ≥ 50 years of age with a prostate volume $30\text{cm}^3 \leq 80\text{cm}^3$. The Rezūm System is also indicated for treatment of prostate with hyperplasia of the central zone and/or a median lobe. Potential risks include but are not limited to painful urination (dysuria), blood in the urine (hematuria), blood in the semen (hematospermia), decrease in ejaculatory volume, suspected urinary tract infection (UTI), and urinary frequency, retention or urgency. You should talk with your doctor about benefits and risks before moving forward with any treatment option.